Center for Family Development

Positive Solutions for Families Group

A 7-week group to support parents of 3-6 year-olds



This 7-week group is for parents with children ages 3-6 years old. Session content focuses on:

- Managing challenging behaviors
- Using positive discipline strategies
- Using evidence based practice approaches to parenting
- Building positive relationships
- Implementing successful family routines
- Teaching self-regulation and emotion-regulation strategies to children

Parents may also receive a certificate of completion.

Group Details: Starting Monday, 11/02/26 from 5:30pm-7:30pm over Zoom.

Group meets weekly on Mondays from 5:30-7:30pm, ending on 12/14/26.

To enroll or inquire, contact our Perinatal Group Coordinator at 541-342-5198 or visit c-f-d.org to enroll on our website by clicking "Enroll Now"