A New Home, A New Beginning: Tina Thrives with Support from The Arc's On Track Program

When Tina first connected with The Arc Lane County's On Track program, she was living in an unhealthy rental situation. The home was infested with mice, and the rodents were chewing through electrical cords, creating unsafe and stressful living conditions. Despite the challenges, Tina wanted to stay in her home because she felt comfortable and connected to her community.



Tina outside her apartment complex.

For months, Trisha Aspiranti, the associate director of The Arc's On Track program, worked alongside Tina to search for safe, affordable housing that would meet her needs. The On Track program provides wraparound supports to people with intellectual and developmental disabilities to help with basic needs, such as budgeting and housing. The process was not easy, especially in a competitive housing market, but the team stayed committed to helping Tina find a place where she could feel secure and independent.

Eventually, Aspiranti helped Tina secure a studio apartment that checked many important boxes for Tina. The apartment is conveniently located near bus stops, shops, and restaurants, making it easier for her to get around and enjoy her neighborhood independently.

Today, Tina says she feels happier and more comfortable in her new home. She especially appreciates the welcoming atmosphere of her apartment community and the support she has received from her neighbors. One neighbor even reminded Tina how to use the app connected to the apartment's washers and dryers — a simple act of kindness that became an important natural support as Tina adjusted to her new home and routines.

"My neighbors are friendly," says Tina. "My neighbor reminded me how to use the app for making the washers and dryers work."

According to Aspiranti, the difference in Tina since the move has been remarkable.

"Before moving, Tina was not happy in her living situation, and it was affecting her overall well-being," says Aspiranti. "Now that she has a place of her own, we've seen such a positive change in her. Her disposition is happier, she's more comfortable, and living independently has been much better for both her mental and physical well-being."

Tina's story is a reminder that stable housing can create more than just safety — it can foster connection, independence, and a renewed sense of belonging.